



First Aid Courses

If you want to learn First Aid from experienced Fire Fighters who have saved lives in real life situations and as a consequence have confidence in delivering first aid yourself, then come and complete your First Aid course with us. Our First Aid teachers have had over 50 years experience of using First Aid and can teach you or your staff how to effectively cope in any First Aid emergency situation. All candidates receive a complimentary First Aid book to support their learning programme

**To apply call us on 01274 308 707
For course start dates visit www.forster.ac.uk**





Emergency First Aid

If you are considered a low-risk employer in line with the Approved Code of Practice of the Health and Safety (First Aid) Regulations 1981, then this One Day Emergency First Aid at Work Training allows you to meet the legal minimum first aid provision in the workplace. This qualification can also be used for large employers to provide appointed persons to support their First Aiders. This course covers the following: principles and priorities of first aid, casualty assessment, burns and scalds, accident reporting, first aid kits and adult resuscitation and management of unconsciousness including seizures.

Paediatric First Aid

This non accredited course is aimed strictly at professionals working with young children and infants either in a social care and/or childcare setting. This course satisfies the guidelines and criteria as laid down by the EYFS and OFSTED. The course covers the following: resuscitation, fainting, choking, fractures, head injuries, foreign bodies, heat and cold, asthma, burns, meningitis, anaphylaxis and diabetes. It also covers responsibilities and reporting, assessment of the situation, dealing with an unresponsive casualty, infantile convulsions, control of bleeding and shock, eye injuries and sickle cell anaemia.

First Aid at Work

In accordance with the Approved Code of Practice of the Health and Safety First Aid Regulations 1981, if you are the person nominated to be responsible for administering first aid to your colleagues and/or clients that enter your work environment then this is the course for you to attend. NOTE: any First Aider who is not able to re qualify within 28 days of the expiry of their 3 year certificate will be required to take this course. Within the full First Aid at Work (FAW) qualification the following topics will be covered: principles and priorities of first aid, casualty assessment, burns and scalds, practical resuscitation, accident reporting, treatment of an unconscious casualty, heart attacks, wounds, bleeding and shock, fracture management, first aid kits, written and practical assessment.

Entry Requirements:

You will need to wear comfortable clothing and have an ability to engage in the physical demands of the course. Literacy skills will be needed to read the first aid material that accompany our courses.

Progression Route:

You may want to complete a L3 First Aid Qualification.



To apply call us on 01274 308 707

For course start dates visit www.forster.ac.uk

* Selected courses only. Subject to funding rules & personal circumstances. Please contact the College for more information.

